

COMNAVSURFLANT/COMNAVSURFPAC GREEN "H" NOMINATION FORM FOR CALENDAR YEAR

Demographics/POC

Command		Hull No./Shore	Total Crew
Health Promotion Coordinator (HPC)			HPC Rank
HPC Phone	HPC Fax	HPC Email	

Command Support

	Yes/No
Does your Command have a Health Promotion Instruction/SOP?	
Has your Command HPC had formal training?	
If yes, formal training attended:	
Does your Command have a Health Promotion Committee?	
If yes, list member's primary job.	

Command Goals

What were your health promotion goals for the past year?
What activities did you undertake to accomplish these goals?
How did you measure the effectiveness of these goals?

Physical Readiness

	Spring PFA Cycle	Fall PFA Cycle
# of PFA Failures:		
# out of Standards:		

Health Risk Appraisal

Assessment method/tool:	
Number of crew with assessments completed:	

Wellness Program

Does your command have a formal means of crew education/counseling and monitoring the following wellness programs?

Program	Yes/No
Hypertension	
Anger/Stress Management	
Substance Abuse	
Suicide Awareness/Prevention	
Sexually Transmitted Diseases	
Pastoral Care Services	
Injury Prevention	
Men's/Women's Health	
Nutrition (Note 1)	
Tobacco Cessation	

If Yes for Tobacco Cessation:	What type of program:	
	# of participants:	
	# successful quitters:	

Note 1: NAVSUP cycle menu review scores based on the standards published in the P-486 will be consulted.

Dental Readiness

Dental readiness will be determined from quarterly readiness data received by Fleet/Force Dental as reported to local Dental Clinics (IDC ships) and Force Dental (ships with Dental Departments). Per SECNAVINST 6600.5, minimum standard for dental readiness is 85 percent.

Best Practice

Describe a specific program your command has in place that could be instituted fleet wide to better the health of our sailors and marines.